

# March 2024 Lunch



Alternative	Monday	Tuesday	Wednesday	Thursday	Friday
	26	27	28	29	1
Chicken salad sandwich w/fruit & veg of the day & milk	Chicken nuggets, parm noodles, steamed broccoli, diced peaches & milk	Chicken fajita, sour cream, salsa, lettuce, seasoned black beans, mandarin oranges & milk	Parm chicken over pasta w/sauce, steamed carrots, fresh fruit & milk	Waffles w/syrup, warm cinnamon apple slices, turkey sausage, fries & milk	Make your own pizza, wax beans, fresh fruit & milk
	4	5	6	7	8
Ham & cheese sandwich w/fruit & veg of the day & milk	Turkey, bacon & cheese wrap w/lettuce, broccoli, applesauce & milk	Cheese quesadilla, sour cream & salsa, corn & black bean salad, fresh fruit & milk	Toasted cheese w/tomato soup, sliced carrots, diced pears & milk	Chicken nuggets, oven fries, applesauce & milk	Sliced pizza, green beans, fresh fruit & milk
	11	12	13	14	15
Turkey & cheese sandwich w/fruit & veg of the day & milk	Seasoned chicken w/steamed brown rice, broccoli, diced peaches & milk	Soft beef taco w/sour cream, salsa & lettuce, three bean salad, mandarin oranges & milk	Ham & cheese bagel melt, sweet potato fries, fresh fruit & milk	Salisbury steak over mashed potato, sliced bread, diced pears & milk	Make your own pizza, wax beans, fresh fruit & milk
	18	19	20	21	22
Salad bowl w/hard cooked egg, fruit & veg of the day & milk	Chicken & gravy over noodles, steamed broccoli, fresh fruit & milk	Beef & cheese nachos w/sour cream, salsa, seasoned black beans, pineapple & milk	Garlic breadsticks w/marinara, sliced carrots, sliced peaches & milk	Chicken patty on a wg roll, oven fries, fresh fruit & milk	Curriculum Day - No School
	25	26	27	28	29
Egg salad sandwich w/fruit & veg of the day & milk	Chicken nuggets, steamed rice, seasoned broccoli, diced peaches & milk	Chicken & cheese quesadilla, sour cream & salsa, corn & black bean salad, fresh fruit & milk	Hamb/cheeseburger on a wg roll, sweet potato fries, pineapple & milk	Ham & cheese sandwich w/chicken noodle soup, corn, mandarin oranges & milk	Sliced pizza, green beans, fresh fruit & milk
	1	2	3	4	5
Ham & cheese sandwich w/fruit & veg of the day & milk	Seasoned chicken on a wg roll w/cheese & lettuce, steamed broccoli, fresh fruit & milk	Soft beef taco w/lettuce, sour cream & salsa, three bean salad, diced peaches & milk	Chicken patty on a wg roll, sliced carrots, applesauce & milk	Fish sticks & fries, mandarin oranges & milk	Make your own pizza, wax beans, fresh fruit & milk

All sandwiches are made using whole grain bread. Each lunch is served with a choice of 1% white, skim, 1% milk & low fat chocolate (children 5 & under can only be offered white milk skim or 1%). All meals are subject to change without notice.

All meals are served w/fruit. Breakfast requires grain, fruit & milk. Lunch is served with a grain, protein, fruit, vegetable & milk. If your child requires milk for a home meal the charge is .50 cents.

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\*WG = whole grain

\*HM = homemade.

\*fixings = sour cream, salsa, lettuce shredded cheese